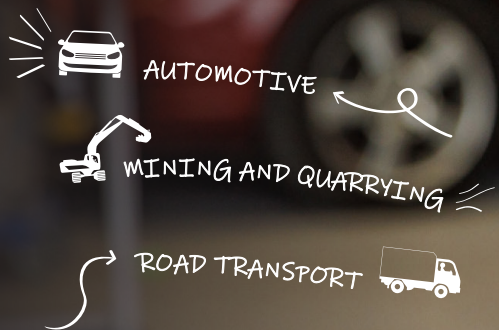


MICRO-CREDENTIALS WHILE YOU'RE AT SCHOOL

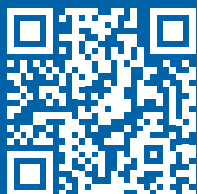


ABOUT

MITO helps thousands of learners gain the knowledge and skills they need to accelerate their careers with on-the-job training and apprenticeships.

This can start while you're at school with our secondary school micro-credential programmes for students in Years 11, 12, and 13.

Scan the QR code below or head to **mito.nz/schools** for more information.



*What's great about on-job learning
when you leave school?*



EARN AS YOU LEARN!

As you're employed full-time, you get paid while you complete your qualification!



FREE TRAINING!

If you're a first-time tertiary learner in 2025, you may be able to get Fees Free for your final year of study or training.



STARTUP®

4

StartUp® Ignition—Automotive Micro-credential (Level 2, 20 credits)

StartUp® Accelerate—Automotive Engineering Micro-credential
(Level 3, 21 credits)

StartUp® Accelerate—Collision Repair and Refinishing Micro-credential
(Level 3, 21 credits)



SHIFTUP®

6

ShiftUp®—Road Transport Micro-credential (Level 2, 18 credits)



ROCKUP®

8

RockUp®—Surface Mining and Quarrying Micro-credential
(Level 3, 9 credits)



INDUSTRY

Automotive

LEVEL



CREDITS

up to **41**

MICRO-CREDENTIALS

StartUp® Ignition—
Automotive Micro-credential
(Level 2, 20 credits)

StartUp® Accelerate—
Automotive Engineering
Micro-credential
(Level 3, 21 credits)

StartUp® Accelerate—
Collision Repair and
Refinishing
Micro-credential
(Level 3, 21 credits)

STARTUP®

With StartUp®, you earn micro-credentials approved by NZQA, up to 41 credits towards NCEA, and gain valuable work experience in an automotive business.

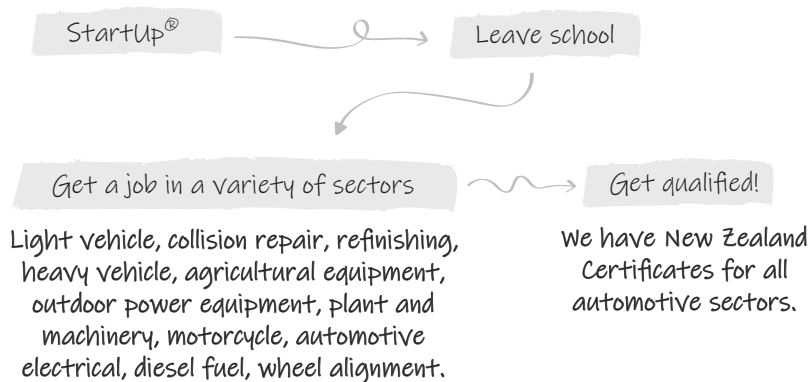
StartUp® has both eLearning and practical learning supported by a MITO Training Advisor.

StartUp® is just like a mini-apprenticeship!

StartUp® is designed to be completed over two years—the first year completing the Ignition programme and the second year completing the Accelerate programme. For the Accelerate programme, there are two strands: Automotive Engineering or Collision Repair and Refinishing. Upon completion you will achieve a micro-credential—listed on your NZQA New Zealand Record of Achievement.

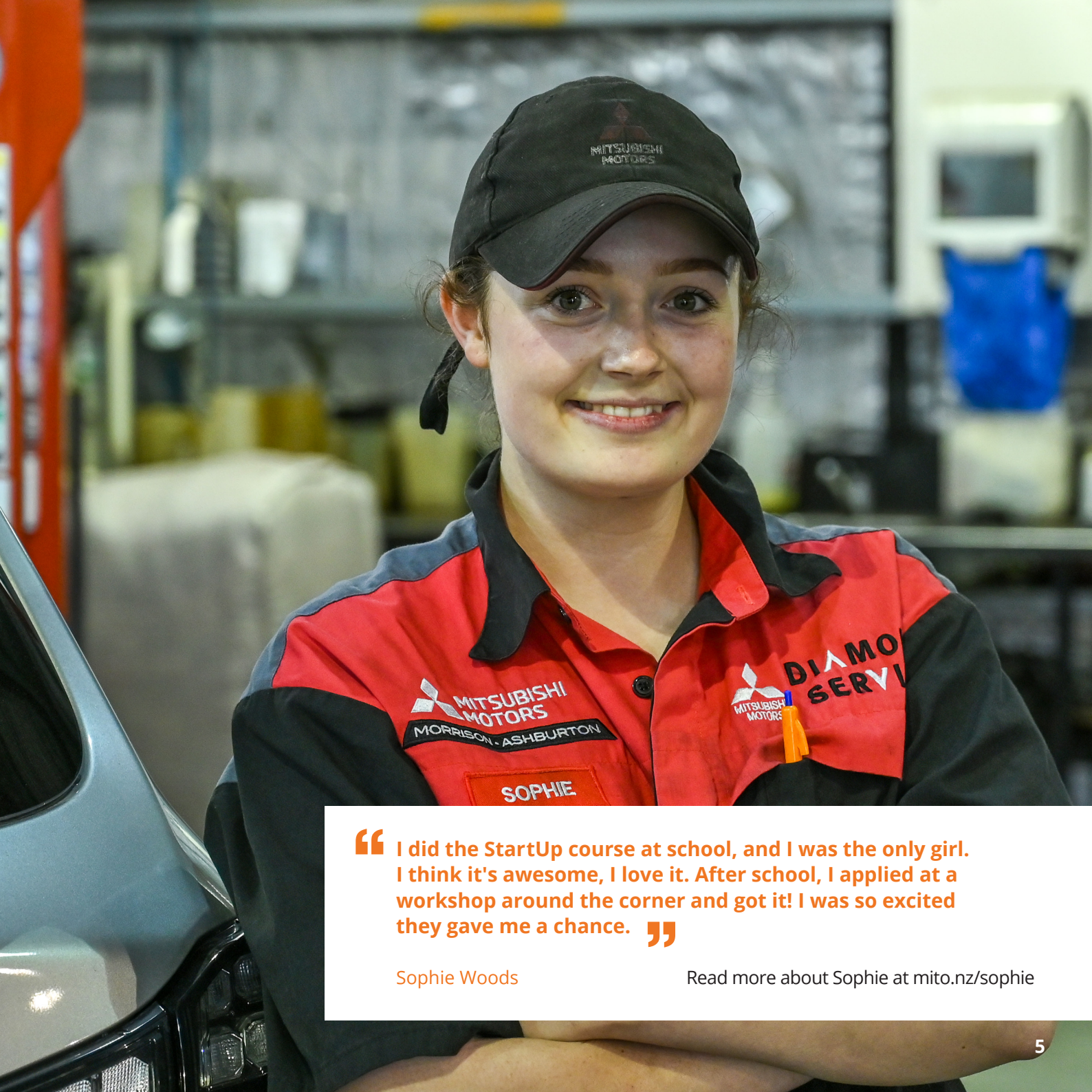
StartUp® is a great way to try the industry and potentially continue on with an apprenticeship when you leave school.

CAREER PATHWAY



Keen to find out more? Talk to your careers advisor, or visit mito.nz/startup.





“ I did the StartUp course at school, and I was the only girl. I think it's awesome, I love it. After school, I applied at a workshop around the corner and got it! I was so excited they gave me a chance. ”

Sophie Woods

Read more about Sophie at mito.nz/sophie

INDUSTRY

Road Transport

LEVEL



CREDITS

up to **18**

MICRO-CREDENTIALS

ShiftUp[®]—
Road Transport
Micro-credential
(Level 2, 18 credits)

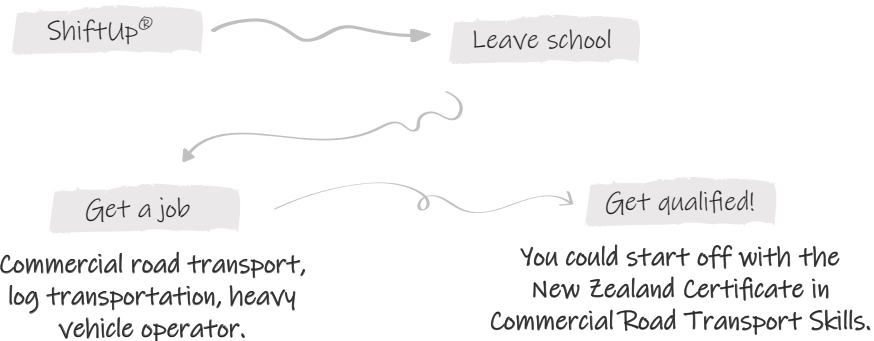
SHIFTUP[®]

ShiftUp[®] can offer you the chance to earn an NZQA-approved micro-credential, up to 18 credits towards NCEA, and work experience in a road transport business.

This could lead to a number of career opportunities—including transporting goods, warehousing, distribution, logistics, and administration services.

ShiftUp[®] includes eLearning and practical learning supported by a MITO Training Advisor.

CAREER PATHWAY



Keen to find out more? Talk to your careers advisor, or visit mito.nz/shiftup.





“

I was working part-time while still at school. My manager told me about the micro-credential ShiftUp, so I spoke to my school and was able to enrol. I enjoyed the practical side of the programme the most, going into the workshop and having that hands-on learning. ”

Jake Terrell

Read more about Jake at mito.nz/jake



INDUSTRY

Mining and Quarrying

LEVEL



CREDITS

up to 9

MICRO-CREDENTIALS

RockUp®—
Surface Mining and
Quarrying Micro-credential
(Level 3, 9 credits)

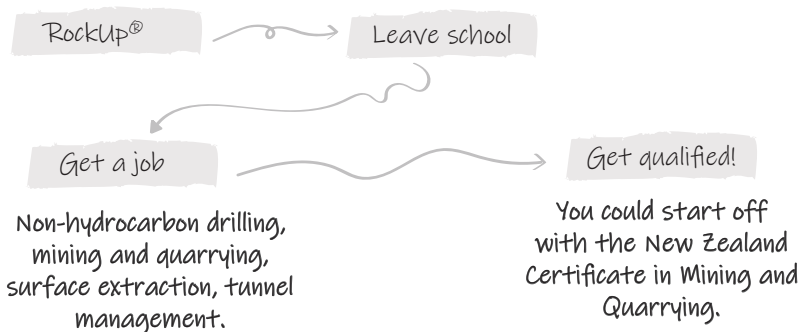
ROCKUP®

With RockUp®, you earn an NZQA-approved micro-credential, NCEA credits, and gain work experience in the surface mining and quarrying business.

RockUp® includes eLearning and practical learning supported by a MITO Training Advisor.

Completed unit standards can be used towards the next step in the MITO traineeship in the surface mining and quarrying industry.

CAREER PATHWAY



Keen to find out more? Talk to your careers advisor, or visit mito.nz/rockup.





“ With RockUp, I got to experience the whole operation—one day you’d be seeing how operators loaded up the trucks, and then the next day you might be working the diggers. Eventually, you got to use the crusher on the quarry. ”

Owen Thornton

Read more about Owen at mito.nz/owen



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CHOOSING SCHOOL SUBJECTS

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GETTING WORK EXPERIENCE

3

WRITING A CV

4

FINDING A JOB

5

ATTENDING AN INTERVIEW

INTERESTED IN A HANDS-ON CAREER?

Here are some quick tips to help you on the pathway to an apprenticeship or traineeship career.

School subjects that may be useful include:

- English, Mathematics, Technology, Computer Skills, and Science (such as Physics)
- It's important to get your literacy and numeracy credits too, however MITO can provide literacy and numeracy support if necessary through our support programmes.

You can get work experience through MITO's school programmes:

- While you're at school, try a career for size by enrolling in one of the programmes in this brochure.

A good CV includes:

- Your name and contact details
- An outline of your education, schools attended, any qualifications or courses achieved
- Any work experience you may have
- At least two people that would be happy to recommend you to potential employers.

There are plenty of ways to look for a job including:

- Visit MITO's Job Hub at mito.nz/jobhub to view current vacancies in the industries we support, and to create a jobseeker profile for employers to view
- Job search websites such as Seek and Trade Me Jobs
- Go door knocking to approach local businesses
- Ask family and friends for contacts—many job connections are made through word of mouth.

Make a good impression at your interview by:

- Turning up on time
- Dressing tidily and being polite and friendly
- Asking questions (it shows you're interested) and thanking the employer before you leave.



MITO supports on-job learning and career development for the automotive, commercial road transport, extractives, drilling, gas, and logistics industries.

mito.nz | 0800 88 21 21 | info@mito.org.nz