



COMMERCIAL ROAD TRANSPORT - DRIVER SAFETY MICRO-CREDENTIAL (LEVEL 4)

Designed for both employees and owner operators in the commercial road transport industry, this micro-credential provides the foundation knowledge required to understand fatigue and health factors affecting the performance of drivers and safe night driving.

Programme outline

This Level 4 micro-credential is expected to take five weeks to complete.

Unit standards are completed online via eLearning which can be easily accessed at any time and from any device – mobile phone, tablet or PC.

| UNIT STANDARDS | LEVEL | CREDITS |
|---|-------|---------|
| 26558 - Demonstrate knowledge of fatigue and health factors affecting the performance of commercial road transport drivers. This includes: <ul style="list-style-type: none">▪ the causes and symptoms of fatigue, and effects of fatigue on driving performance▪ knowledge of a healthy diet and hydration for a commercial road transport driver▪ knowledge of the effects of alcohol and drugs as a commercial road transport driver▪ knowledge of the effects of exercise as a commercial road transport driver▪ knowledge of illness and injury management as a commercial road transport driver. | 4 | 8 |
| 17677 - Demonstrate knowledge of safe night driving. This includes: <ul style="list-style-type: none">▪ the checks required to prepare a motor vehicle for night driving▪ road-marking devices that assist night driving▪ night driving hazards and responses to those hazards. | 3 | 2 |

Programme fee

Free until 31 December 2021.

About MITO

MITO is the industry training organisation for the New Zealand commercial road transport industry. Thousands of professionals have qualified and built successful careers with MITO's on-the-job training programmes.



Enrol at mito.nz/driversafety

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